

EXHIBITOR LIST

| | |
|-------------------------------------|------------|
| 0860005 BC Ltd | 211 |
| 1 + 1 Ltd. | 531 |
| <i>www.oneplusonebusiness.com</i> | |
| Colgate | 123 |
| <i>www.colgate.ca</i> | |
| Schneider's Country Naturals | 402 |

A

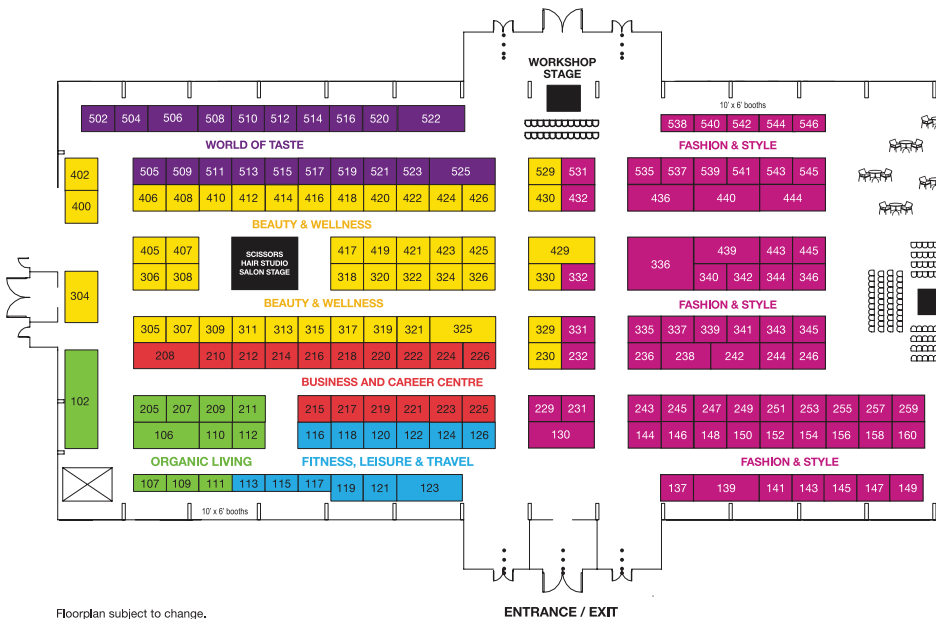
| | |
|---|------------|
| A & V 2000 Inc. | 400 |
| <i>www.yogactive.com</i> | |
| Access Consciousness | 420 |
| <i>www.susanlazarhart.com</i> | |
| Adorit | 110 |
| <i>www.adorit.ca</i> | |
| Advanced Orthomolecular Research | 324 |
| <i>www.aor.ca</i> | |
| Aliments Fontaine Santé Inc. | 525 |
| <i>www.fontainesante.com</i> | |
| Alliance Spas Relais Sante | 422 |
| <i>www.spasrelaissante.com</i> | |
| Aloette Cosmetics | 111 |
| <i>www.aloette.com</i> | |
| Arbonne International | 244 |
| Arc of Life Chiropractic and Massage | 230 |
| <i>www.arcofife.org</i> | |
| Arte-Filo Jewelry | 330 |
| <i>www.artefiljewelry.com</i> | |
| Artizan | 150 |
| <i>www.artizangifts.com</i> | |
| Attitude Line Inc. | 253 |
| <i>www.attitudeline.ca</i> | |

B

| | |
|--|------------|
| Bab's Jewellery & Accessories | 432 |
| Beauté Venustas | 416 |
| <i>www.beautevenustasbeauty.com</i> | |
| BeautiControl | 308 |
| <i>www.beautipage.ca/monique</i> | |
| Beauty Distribution MD | 326 |
| <i>www.beautydistributionmd.com</i> | |
| Bella Accessoires - Pottery Lane | 436 |
| <i>www.potterylaneimports.com</i> | |
| Bling Jewellery | 305 |
| <i>www.blingjewellery.com</i> | |
| Booty Camp Fitness | 259 |
| <i>www.bootycampfitness.com</i> | |
| Box of Goodness | 513 |
| <i>www.carolinasboxofgoodness.com</i> | |
| Brenmark for Daily Referral | 217 |
| <i>www.dailyreferral.com/103578</i> | |

C

| | |
|--|------------|
| CAA - North & East Ontario | 126 |
| <i>www.caaneo.ca</i> | |
| CadCan Marketing & Sales Inc. | 406 |
| <i>www.cheecha.ca</i> | |
| Canadian Diabetes Association | 414 |
| <i>www.teamdiabetes.ca</i> | |
| Canadian Forces Recruiting Centre | 208 |
| <i>www.forces.ca</i> | |
| Canadian Woman Traveler | 117 |
| <i>www.cwtravelclub.ca</i> | |



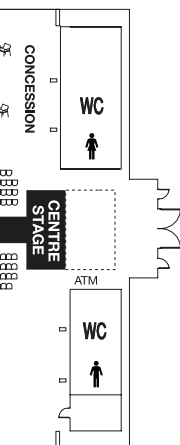
Floorplan subject to change.

ENTRANCE / EXIT

| | |
|--|------------|
| Capital Memorial Gardens/Arbor | 407 |
| <i>www.arbormemorialservice.ca</i> | |
| Care Canada | 419 |
| <i>www.care.ca</i> | |
| Cherry Blossom Accessories | 232 |
| <i>www.cherryb.ca</i> | |
| Chrysalis Rejuvenation Clinic | 425 |
| <i>www.chrysalisclinic.ca</i> | |
| CLE Energy Solutions | 106 |
| Cleopatra Lasermed & Massage Clinic | 313 |
| | 545 |
| Click it & Feel it | |
| <i>www.clickheat.eu</i> | |
| Clinique Dentaire R. Morin Inc. | 430 |
| <i>www.drroaldmorin.com</i> | |
| Comfy Posture Solutions | 342 |
| <i>www.comfyposturesolutions.ca</i> | |
| Control Wear | 439 |
| Costco Wholesale | 120 |
| <i>www.costco.com</i> | |
| Country Stores | 246 |
| Cuisine Sante International | 405 |
| <i>www.csil.ca</i> | |
| Curves | 304 |
| Cutco Cutlery | 141 |
| <i>www.mycutcorep.ca/martinepps</i> | |
| D | |
| Distributions Arômes d'Espagne | 243 |
| <i>www.aromasspain.net</i> | |
| Dymon Self Storage | 104 |
| E | |
| EcoGenial Corporation | 517 |
| <i>www.aureeva.com</i> | |

| | |
|--|------------|
| Epicure Selections | 523 |
| Evening Away From Home | 229 |
| <i>www.eveningawayfromhome.com</i> | |
| Executive Photography | 226 |
| <i>www.execphoto.ca</i> | |
| F | |
| Fantasia | 245 |
| <i>www.fantasia.ca</i> | |
| Fern Garden Creations | 538 |
| <i>ferngardencreations.etsy.com</i> | |
| Focus Eye Centre & Shine Rejuvenation | 344 |
| <i>www.focuseye.com</i> | |
| Free Form Fitness | 121 |
| <i>www.freeformfitness.ca</i> | |
| Fresh Start/Oxlift | 345 |
| <i>www.oxylift.ca</i> | |
| Fruits & Passion | 346 |
| Functional Health & Fitness | 124 |
| <i>www.elifestyle.ca</i> | |

| | |
|---|------------|
| G | |
| GENG | 546 |
| <i>www.genglife.com</i> | |
| George's Cream | 417 |
| <i>www.georgescream.com</i> | |
| GoodLife Fitness | 118 |
| <i>www.goodlifefitness.com/membership</i> | |
| Great Boys Of Fire | 255 |
| <i>www.qchsevents.ca</i> | |
| Green's Your Colour | 113 |
| <i>www.greensyourcolour.com</i> | |



THANK YOU TO OUR PARTNERS!

SCISSORS
hair studio



Ovarian Cancer Canada
Cancer de l'ovaire Canada



MERIVALE MALL



Media partners include:

OTTAWA CITIZEN

Magic 100
Today's Soft Rock

| | |
|--|-----|
| H | |
| H.S.M Marketing | 544 |
| <i>ticket2paradise.ca</i> | |
| Hampton Family Chiropractic | 137 |
| <i>www.hamptonfamilychiropractic.com</i> | |
| Health By Design | 207 |
| <i>www.mybodycanhealitself.ca</i> | |
| Herbal Magic | 429 |
| <i>www.herbalmagic.ca</i> | |
| Holistic Secret Inc. | 541 |
| <i>www.holisticsecret.com</i> | |

| | |
|---|-----|
| I | |
| Inspiring Smiles Inc. | 215 |
| <i>www.inspiringsmiles.ca</i> | |
| Investors Group Financial Services | 224 |
| <i>www.investorsgroup.com</i> | |
| Isagenix (Internal Design) | 315 |
| <i>www.internaldesign.isagenix.com</i> | |
| Ithaca/Tompkins County CVB | 122 |
| <i>www.visitithaca.com</i> | |

| | |
|-------------------------------------|-----|
| K | |
| Kitchen Basics Inc. | 505 |
| <i>www.kitchenbasics.net</i> | |
| Knowledge Products | 321 |
| <i>www.knowledgeproducts.ca</i> | |
| Kosca International Co. Ltd. | 443 |
| <i>www.kosca.ca</i> | |

| | |
|---|-----|
| L | |
| La Cite collegiale - centre de formation | 220 |
| | |
| LAJQ Chick Ent. Inc. - Fit Chicks | 412 |
| <i>www.fitchicks.ca</i> | |
| Le Grand | 514 |
| <i>www.maisonlegrand.com</i> | |
| Lia Sophia | 535 |
| Little Potato Company | 522 |
| <i>www.littlepotatoes.com</i> | |
| Iton Style | 408 |
| <i>www.iltonstyle.com</i> | |

| | |
|---|-----|
| M | |
| Majic 100 FM | 440 |
| <i>www.majic100.fm</i> | |
| Manotick Florists | 145 |
| <i>www.manotickflorists.com</i> | |
| Mary G's Jewellery & Accessories | 445 |
| <i>www.marygees.com</i> | |
| Mary Kay Cosmetics | 339 |
| Merivale Mall | 257 |
| <i>www.merivalemall.ca</i> | |
| Metroland | 156 |
| Mistura Beauty | 540 |
| <i>www.misturabeauty.com</i> | |
| More Focus Inc. | 317 |
| <i>www.sheeba.com</i> | |
| Moxy Maus Inc. | 337 |
| <i>www.moxymaus.com</i> | |

| | |
|----------------------|-----|
| N | |
| NAVRON Trade | 340 |
| <i>www.navron.ca</i> | |

| | |
|------------------------------------|-----|
| Niko Cosmetics | 130 |
| <i>www.niko.com</i> | |
| Norwex Enviro Products | 205 |
| <i>www.norwex.com</i> | |
| Nu Skin Enterprises | 231 |
| <i>janetwilkinson@nsdreads.com</i> | |

| | |
|---|-----|
| O | |
| Oak Tree Chiropractic & Acupuncture | 320 |
| | |
| Office of Small and Med. Ent. NCR | 219 |
| <i>www.contractscanada.ca</i> | |
| Ottawa Citizen | 216 |
| <i>www.ottawacitizen.com</i> | |
| Ottawa Pole Fitness | 116 |
| <i>www.ottawapolefitness.com</i> | |
| Ottawa Public Health - Healthy Sexuality | 543 |
| Ottawa Shen Yun Organizing Committee | 332 |
| | 418 |
| Ottawa Wellbeing Group | 418 |
| <i>www.ottawawellbeinggroup.com</i> | |
| Ovarian Cancer Canada | 506 |
| <i>www.ovariancanada.org</i> | |
| Ovarian Cancer Canada | 506 |
| <i>www.ovariancanada.org</i> | |

| | |
|---|-----|
| P | |
| Parmalat Canada | 512 |
| <i>www.astro.ca</i> | |
| Passion8Goddesses | 225 |
| <i>lisanneroy.yourpassionconsultant.com</i> | |
| Passionately You Inc. | 423 |
| Popeye's Supplements | 329 |
| Primerica | 218 |
| <i>www.primerica.com/jimtheriault.com</i> | |
| Princess House | 154 |
| <i>www.myphproducts.com/tammydixon</i> | |
| Project Tembo | 251 |
| <i>www.projecttembo.org</i> | |
| Puerto Rico Tourism Co. | 119 |
| <i>www.seepuertorico.com</i> | |

| | |
|---------------------------------------|---------|
| R | |
| R.E. Royal Trading Inc. | 343 |
| <i>www.royalbeauty.ca</i> | |
| R.F. Enterprises | 107/109 |
| <i>www.rfenterprises.us</i> | |
| Raw Naturals | 421 |
| <i>www.rawnaturals.ca</i> | |
| Rochef Chocolatier | 521 |
| <i>www.rochef.ca</i> | |
| Rosedale on Robson Suite Hotel | 515 |
| <i>www.rosedaleonrobson.com</i> | |

| | |
|-----------------------------------|-----|
| S | |
| Scentsy | 160 |
| <i>www.cnefflame.scentsy.ca</i> | |
| Scissors Hair Studio | 318 |
| <i>www.scissorshairstudios.ca</i> | |
| Secrets of The Earth Inc. | 322 |
| Semtex Trading Co. | 542 |
| Shine Rejuvenation | 344 |

| | |
|---------------------------------------|---------|
| Shu Adik | 238 |
| <i>www.shuadik.com</i> | |
| Slimband | 311 |
| <i>www.slimband.com</i> | |
| Smyth Casting | 222 |
| <i>www.smythcasting.com</i> | |
| Spa Manna Inc. | 336/139 |
| <i>www.spa-manna.com</i> | |
| Stampn Up | 115 |
| <i>www.sherida.stampnup.net</i> | |
| Steep Hill Solutions | 509 |
| <i>www.omegacrunch.ca</i> | |
| Steeped Tea Inc. | 529 |
| <i>www.steepedtea.com</i> | |
| Stella & Dot | 341 |
| <i>www.stelladot.com/sherylbijoux</i> | |
| Stephanie by CS Distribution | 144 |
| <i>www.e-stephanie.com</i> | |
| Sun Life Financial | 210 |

T

| | |
|---|-----|
| TD Waterhouse | 221 |
| <i>www.tdwaterhouse.ca</i> | |
| The Leukemia & Lymphoma Society | 309 |
| The Pampered Chef | 516 |
| <i>www.pamperedchef.biz/kathleenfernandez</i> | |

U

| | |
|--------------------|-----|
| Utan | 325 |
| <i>www.utan.ca</i> | |

V

| | |
|---|-----|
| Van Dyk's Health Juice Products Ltd. | 510 |
| <i>www.vandykblueberries.ca</i> | |
| Vibra Forme | 307 |
| Visalus | 410 |
| <i>www.rochhopson.bodybyvi.com</i> | |
| Vivianna Day Spa | 331 |
| <i>www.viviannaskinandbody.com</i> | |
| Voulez Vous Boudoir | 537 |
| <i>www.voulezvousboudoir.ca</i> | |

W

| | |
|-------------------------------------|-----|
| WaveLight Teeth Whitening | 236 |
| <i>www.wavelightwhitening.com</i> | |
| Wellness On the Rideau | 110 |
| <i>www.wellnessontherideau.com</i> | |
| White Cross Dispensary | 426 |
| <i>www.whitecrossdispensary.com</i> | |
| Winalite | 319 |
| Wow Wow Nails | 306 |
| <i>www.wowwowonails.com</i> | |

Y

| | |
|--------------------------------|-----|
| YYZ Travel Group | 223 |
| <i>www.yyztravel.com</i> | |
| Znetlive solutions Inc. | 444 |
| <i>www.beyondthebeauty.ca</i> | |

BRING A FRIEND AND SAVE \$5.00!

With this coupon, save \$5 when 2 regular admission tickets are purchased. No cash value.



THE NATIONAL WOMEN'S SHOW

April 14 & 15

OTTAWA CONVENTION CENTRE

Grab your friends and have some fun at the ultimate **Girl's Day Out!**



THANK YOU TO THE FOLLOWING COMPANIES FOR OUR GOODIE BAGS & SAMPLES:



| | |
|----------------|-------------------------|
| Slimband | Capital Style Magazine |
| Nutrisoya | Wedding Dreams Magazine |
| Old Dutch | Evening Away from Home |
| Motts Clamato | |
| Centura Brands | |
| Revenue Canda | |