

CULINARY STAGE



THE NATIONAL WOMEN'S SHOW

|| SATURDAY

10:30 a.m.

Here Comes Florida!

Elis Halenko

Live Well Marketing

11:15 a.m.

**The Top 10 Uses
of Olive Oil & Balsamic**

Elizabeth Kilvert - owner

The Unrefined Olive

12:00 p.m.

Unbelievable But True

Michele Vineberg

Thermo Mix

12:45 p.m.

**CBD - Cannabis in
the Culinary World**

Cody Lindsay

The Wellness Soldier

1:30 p.m.

A Taste of Riverstone

Henry Taverez and Trudy Hare

Riverstone Retirement

2:15 p.m.

**Olive Oil & Balsamic: Beyond Bread
Dipping, Creative Cocktails, Salads,
Marinades & More**

Elizabeth Kilvert - owner

The Unrefined Olive

3:00 p.m.

Here Comes Florida!

Elis Halenko

Live Well Marketing

3:45 p.m.

**CBD - Cannabis in
the Culinary World**

Cody Lindsay

The Wellness Soldier

4:30 p.m.

Unbelievable But True

Michele Vineberg

Thermo Mix

|| SUNDAY

10:30 a.m.

**The Top 10 Uses of
Olive Oil & Balsamic**

Elizabeth Kilvert - owner

The Unrefined Olive

11:15 a.m.

Here Comes Florida!

Elis Halenko

Live Well Marketing

12:00 p.m.

Taste the Caribbean Lifestyle

featuring Award-Winning Local

Chef Resa Solomon-St. Lewis

12:45 p.m.

A Taste of Riverstone

Henry Taverez and Trudy Hare

Riverstone Retirement

1:30 p.m.

Here Comes Florida!

Elis Halenko

Live Well Marketing

2:15 p.m.

Taste the Caribbean Lifestyle

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Chef Resa Solomon-St. Lewis

3:00 p.m.

**Olive Oil & Balsamic: Beyond Bread
Dipping, Creative Cocktails, Salads,
Marinades & More**

Elizabeth Kilvert - owner

The Unrefined Olive



Times and topics are subject to change.